



February 2023 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Jan 30 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Beef & Bean Burrito, Tomato Salsa, Romaine Lettuce, Corn, Pear, Banana, Milk * Tortilla Chips</p>	<p>Jan. 31 Breakfast: Pancake or Cereal, Yogurt or cheese, Fruit, Juice, Milk</p> <p>Lunch: Stromboli, Garden Salad, Baby Carrots, Peaches, Mandarin Oranges, Milk</p>	<p>Feb. 1 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: BBQ Beef-on-a-Bun, Peas, Baked Beans, Apple Slices, Tropical Fruit, Milk **Brownie</p>	<p>Feb. 2 Breakfast: French Toast or Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Turkey & Cheese Sub, Dark Green Lettuce, Tomato Slice, Sweet Potato Fries, Grapes, Mixed Fruit, Milk</p>	<p>Feb. 3 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Country Style Beef Pattie, Mashed Potatoes & Gravy, Steamed Broccoli, Pineapple, Oranges, Milk</p>
<p>Feb. 6 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Hot Dog-on-a-Bun, Roasted Red Potatoes, Broccoli w/Cheese, Banana, Pears, Milk</p>	<p>Feb. 7 Breakfast: Pancake-on-a-stick or Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Chicken Wrap, Spanish Brown Rice, Romaine Lettuce, Tomato Slice, Zucchini, Pineapple, Mixed Fruit, Milk *Oatmeal Cookie</p>	<p>Feb. 8 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Spaghetti, Garlic Bread, Garden Salad, Green Beans, Mandarin Oranges, Kiwi, Milk</p>	<p>Feb. 9 Breakfast: Biscuit gravy or Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Taco Salad & Tortilla Chips and Salsa, Red Bell Peppers, Refried Beans, Romaine Lettuce, Peaches, Grapes, Milk **Cinnamon Puff</p>	<p>Feb. 10 NO SCHOOL</p> 
<p>Feb. 13 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Meatball Sub, Ranch Potato Wedges, Tossed Salad, Peaches, Banana, Milk</p>	<p>Feb. 14 Breakfast: French toast or Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: BBQ Chicken Drumstick, w/w Roll, Baked Beans, Cole Slaw, Baby Carrots, Applesauce, Mixed Fruit, Milk</p> 	<p>Feb. 15 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Rock and Roll Beef Wrap, Cherry Tomatoes, Cucumber Slices, Pear, Orange Slice, Milk</p>	<p>Feb. 16 Breakfast: Pizza or Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Popcorn Chicken, Broccoli Florets, Baby Carrots, Kiwi, Peaches, Milk</p>	<p>Feb. 17 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Biscuits & Gravy, Sugar Snap Peas, Hash Brown Patty, Pineapple, Tropical Fruit, Milk ** Sausage Patty</p>
<p>Feb. 20 NO SCHOOL</p> 	<p>Feb. 21 Breakfast: Pancake or Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Taco Soup & Tortilla Chips, Tomato Salsa, Refried Beans, Banana Pineapple, Milk</p>	<p>Feb. 22 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Cheese Pizza, Green Beans, Tater Tots, Snickerdoodle, Mandarin Oranges, Pear, Milk</p>	<p>Feb. 23 Breakfast: Biscuit & Gravy or Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Chicken Quesadilla, Broccoli Florets, Baby Carrots, Grapes, Applesauce, Milk *Tortilla Chips, Black Bean & Corn Salsa</p>	<p>Feb. 24 Breakfast: Cereal Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Turkey & Cheese Sub or Fish, Corn, Garden Salad, Peaches, Kiwi, Milk</p>
<p>Feb 27 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Hamburger-on-a-Bun, Green Lettuce, Tomato Slice, Fries, Banana, Peaches, Milk</p>	<p>Feb.28 Breakfast: French toast or Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Chili, Red Bell Pepper Strips, Sliced Cucumbers, Cinnamon Roll, Pear, Orange Slices, Milk *Tortilla Chips</p>	<p>March. 1 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Chicken Nuggets, w/w/ Roll, Mashed Potato & Gravy, Tossed Salad, Tropical Fruit, Pineapple, Milk</p>	<p>March. 2 Breakfast: Pizza or Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Grilled Chicken-on-a-Bun, Green Beans, Sweet Potato Fries, Kiwi, Milk *Honey Apple Crisp</p>	<p>March 3 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Macaroni & Cheese Meatballs or Fish, Baked Beans, Baby Carrots, Applesauce, Mandarin Oranges, Milk ** Whole wheat Bread & Jelly</p>